

BURUNDI

DEMOCRATIC
REPUBLIC OF
THE CONGO

ZAMBIA

KUZITA

KLABU YA UHIFADHI WA
ZIWA TANGANYIKA

OUR LAKE • OUR FISH • OUR FUTURE

TOOL KIT

Lake Tanganyika Environmental
Education and Action Program

Student Activity Booklet





KUZITA TOOL KIT

Lake Tanganyika Environmental Education
and Action Program

Student Activity Booklet

Implemented by:

SMART Youth Effort for Advanced Community

Project: KUZITA School Conservation Clubs (Pilot Phase)

Version: 1.0, **Year:** 2026

Pilot Schools: Kirando, Usesula and
Kipili Secondary Schools

INTRODUCTION

The KUZITA Toolkit is a comprehensive environmental education and action system designed to empower schools, teachers, and students to actively participate in the protection and conservation of Lake Tanganyika and surrounding ecosystems.

- It responds to the growing need for practical, youth-centered environmental learning that goes beyond the classroom and into real community action.
- The toolkit is built on the belief that true environmental change happens when knowledge, skills, and action are combined.
- It is made up of three integrated components that work together to create a complete school-based environmental program:

1. KUZITA Teacher Club Guide

A practical guide designed for teachers, club patrons, and school management teams to support the establishment and running of KUZITA environmental clubs.

It provides step-by-step guidance on:

- How to establish and organize KUZITA Clubs in schools
- How to deliver environmental lessons and activities
- How to engage students in conservation actions
- How to monitor and evaluate club progress
- Lesson ideas, facilitation tips, and reporting templates
- Strategies for involving the wider school and community in Lake Tanganyika conservation efforts

This guide ensures that KUZITA Clubs are well-structured, active, and sustainable in every school.

2. KUZITA Student Handbook

A learning guide for students and club members that introduces the importance of Lake Tanganyika and environmental conservation.

It helps students understand key issues such as:

- Pollution and waste management
 - Climate change and environmental degradation
 - Sustainable fishing practices
 - Biodiversity and ecosystem protection
- It also builds essential life skills such as:
- Leadership and teamwork
 - Communication and public speaking
 - Environmental responsibility and awareness

The handbook prepares students to become informed and responsible environmental stewards.

3. KUZITA Student Activity Booklet

An interactive workbook that turns learning into action.

It includes:

- Quizzes and knowledge checks
- Puzzles and environmental games
- Drawing and creative expression activities
- Environmental missions and challenges
- Field action documentation and tracking tools

Students are encouraged to:

- Participate in clean-up activities
- Complete conservation missions
- Record their environmental actions and impact

This booklet ensures students apply what they learn in real-life environmental action.

OVERALL PURPOSE

Together, these three resources create a complete school-based environmental learning and action system.

They empower:

- Teachers to guide and lead environmental clubs
 - Students to learn, act, and lead change
- Schools to become centers of environmental action

Final Outcome:

- Through education, action, and community engagement, the KUZITA Toolkit aims to:
- Protect Lake Tanganyika, build environmental awareness, and develop a new generation of young environmental leaders in Tanzania.

KUZITA STUDENT ACTIVITY BOOKLET

An interactive workbook that turns learning into action. It includes fun and engaging activities such as quizzes, puzzles, drawings, challenges, and environmental tracking tasks. Students are encouraged to complete conservation assignments, participate in clean-up activities, and record their environmental actions. The booklet helps students apply what they learn in real life while building commitment to environmental protection.



My Action Journal for Environmental Change

The KUZITA Activity Booklet is a hands-on environmental action journal for KUZITA Club members. It is designed to help students learn by doing, act in their communities, and track real environmental impact over time.

It transforms students from learners into young environmental leaders and change makers

1. MY KUZITA IDENTITY PAGE

"Who Am I as an Environmental Leader?"

Each student creates their environmental identity.

Student Profile:

My Name:

My School:

My Class:

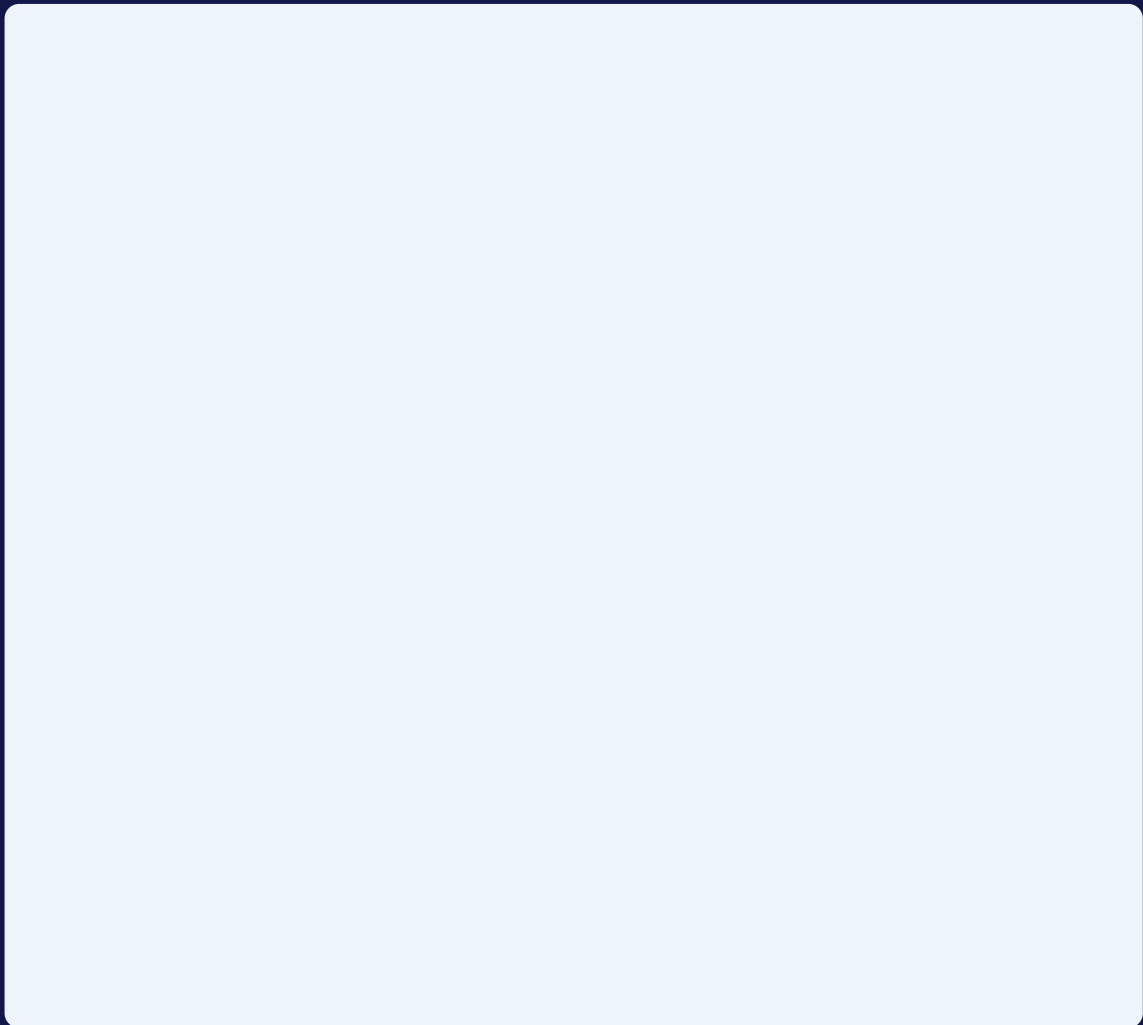
My Role in KUZITA Club:

- ☐ Eco Leader
- ☐ Reporter
- ☐ Tree Guardian
- ☐ Waste Champion

My Environmental Promise:



Identity Drawing Space: *Draw yourself as a hero of the environment*



2. MISSION ZONE (WEEKLY ENVIRONMENTAL MISSIONS)

“Learning by Doing”

Students complete real-life missions instead of homework.

Examples:



Clean school surroundings



Plant and care for a tree



Identify 3 environmental problems



Talk to an elder about environmental change



Reduce plastic use for 7 days

Mission Report Page

Mission Title:

What I did:

Who I worked with:

What I observed:

Results:

☐

Done

☐

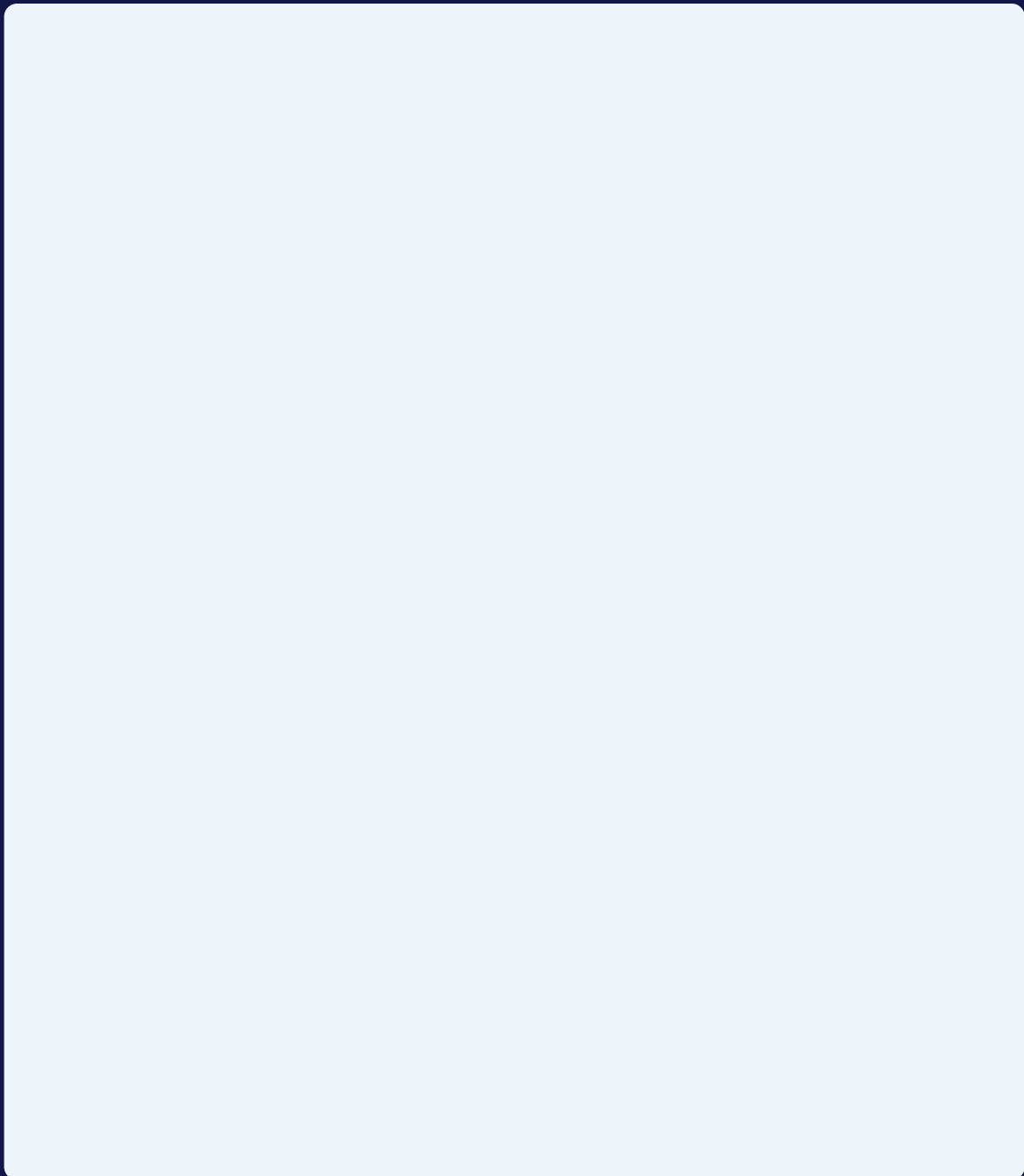
Improving

☐

What I did:

Not yet

Mission Drawing Box



3. COMMUNITY OBSERVATION MAP

“See Your Environment Clearly”

Students draw their school or village.

They identify:



Waste areas



Rivers or
water sources



Forests or trees



Danger zones



Green zones

Draw Your School/Village: Mark Environmental Issues:

4. TEAM ACTION PAGE (KUZITA SQUAD WORK)

"We Work as a Team"

Squad Details:

•Group Name: :

Members:

Role I Played:

Activity Record:

Activity Done:

What we achieved:

What we learned:

Draw Your Team In Action:

5. GREEN ACTION LOG (MY IMPACT RECORD)

"My Environmental Growth"

Activity Done:	Activity Done:
Trees planted	
Clean-ups done	
Awareness talks	
People reached	
School improvements	

Reflection Box:

How am I changing my world?

6. ECO VOICE (MY VOICE MATTERS)

“Speak for Nature”

Students express themselves through:

- Environmental messages
- Slogans
- Poems
- Songs
- Radio ideas

Eco Message Space

Write Your Message Here: “Save Our Rivers!”

Draw Your Message Idea

7. INNOVATION CORNER (MY SOLUTIONS)

"I Am a Problem Solver"

Example:

- Problem: Plastic waste → My idea: Recycling corner
- Problem: Deforestation → My idea: Tree nursery club

Idea Page

Problem I see:

My solution:

Innovation Sketch: Draw Your Idea.

8. KUZITA BADGES AND LEVELS

"Growing as a Leader"

Students earn badges through action (not exams).

- Seed Level – Starter Member
- Green Ranger – Active Member
- Eco Leader – Team Leader
- Environmental Champion – Top Contributor

Badge Tracking

- ☐ Mission completed
- ☐ Clean-up done
- ☐ Tree planted
- ☐ Community action
- ☐ Team leadership

FINAL PURPOSE OF THE KUZITA BOOKLET

Learn through real environmental action

Build leadership and teamwork skills

Become active environmental change agents

Track personal and community impact

Strengthen environmental awareness in rural communities

**This booklet is designed to make
every student feel:**

“I am not just a student.
I am an environmental leader.
I can act. I can lead. I can change my community.”





IMPLEMENTED BY:
SMART Youth Effort for
Advanced Community



PROJECT:
KUZITA School Conservation
Clubs (Pilot Phase)



VERSION:
1.0



YEAR:
2026



PILOT SCHOOLS:
Kirando, Usesula and
Kipili Secondary Schools



Smart_youth_effort | www.smartyouth.or.tz